

Sixth Week in Ordinary Time



Our new Altar Servers being shown the ropes in Ratheniska Church, last Sunday. New servers are welcome in all our Churches.



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### The 'I'm All Right Jack' Mentality

"Woe to those who are rich." "Woe to those with plenty to eat." "Woe to those who laugh." "Woe to those who are honoured." Does Jesus mean that heaven is



denied us if we pick up a well-earned pay packet at the end of the month, stock the freezer and put on a cheerful face?

Few of us consider ourselves really well off, but there is a danger that when we are finally making ends meet we can become seriously complacent. There is a real danger that when we are sitting down to our Spaghetti Bolognese and bottle of Italian red, that the images of world disasters flashing across our TV screens do not really touch us for more than fleeting moments. We have struggled through a hard day at work, paid the bills, fed the family and got the children to bed. The last thing we want is breaking news of famine or earthquakes to make us feel uncomfortable.

"Blessed are those who are poor. Blessed are those who are hungry. Blessed are those who weep." Jesus is always on the side of those who are poor and badly done to, but is that a prescription for being poor and hungry in a bid to win Jesus' favour? Jesus is clearly not about keeping people in poverty, so what exactly does he mean?

In God's kingdom our earthly values are turned upside down. We count wealth, good health and success as blessings, which of course they are, but they stop being blessings and become hindrances instead when we bury our heads in the sand and fail to see or do anything about a world that suffers widespread starvation and war. The blessings in our lives can only bring true happiness once we are able to shed our "I'm all right Jack" mentality and do something about the "woes" in other people's lives.



We welcome into our Parish Community Eliza Evangeline Therese Treacy, Roselawn Iga Aleksandra Lechicka, Lawlor Way, Fairgreen.

who was baptised last weekend

Mass times for the coming week ST. PETER & PAUL'S CHURCH

Monday to Friday: 7.30am & 10am

Saturday: 10am

Sunday

6.30pm (Saturday)

8.30am, 10am, 11.15am & 12.30pm

CHURCH OF THE ASSUMPTION, THE HEATH

Sunday: 9.30am

CHURCH OF THE HOLY CROSS, RATHENISKA

Sunday: 10am

#### CONFESSIONS

Saturday: After 10am Mass & after 6.30pm Mass.



### The Chair of St. Peter, Apostle

Saturday
22nd February
This ancient feast relates
to early Roman custom
at this time of year of
remembering the ances-

tors of the family, those who presided over the family fortunes. The feast celebrates Peter as Bishop of Rome and the focus of unity in the communion of one faith.

# Thought for Today!

In this age of artificial intelligence, we cannot forget that poetry and love are necessary to save our humanity. No algorithm will ever be



able to capture, for example, the nostalgia that all of us feel, whatever our age, and wherever we live, when we recall how we first used a fork to seal the edges of the pies that we helped our mothers or grandmothers to make at home. All these little things, ordinary in themselves yet extraordinary for us, can never be captured by algorithms. The fork, the joke, the window, the ball, the shoebox, the book, the bird, the flower: all of these live on as precious memories 'kept' deep in our heart.

Pope Francis, Dilexit Nos, On the Human and Divine Love of the Heart of Jesus Christ

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There are still some spots available in our beginners' Pilates class. Please email or call our clinic to join these classes.

A new block of Parkinson's-specific classes will begin on Wednesday, 5th February, at 11:20 AM. These classes are designed for individuals with early to moderate Parkinson's.

### Classes Available

Monday: Osteo class with John in Parish Centre 9:30am Tuesday: Senior exercise classes with Conor in clinic 11:00am.

> Wednesday: Osteo class in clinic 10:30am, Online Pilates 9:30am.



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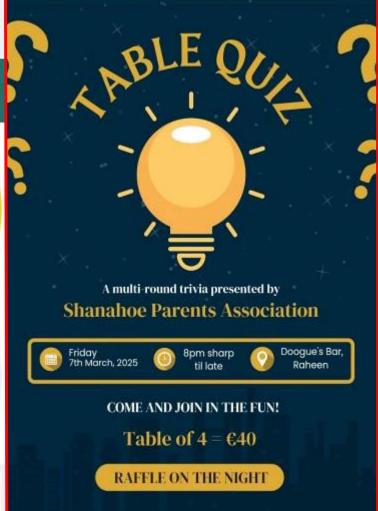


will host their Annual Tractor,



**SAVE THE DATE** Sunday

Truck and Vintage Day Fundraiser September 7" 2025



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<u>Alanon Family Group</u> for family, friends or anyone affected by someone struggling with alcoholism. Alanon meeting every Thursday night at 8pm in Portlaoise. For further info contact 086-8706017.

Couch to Céilí All are welcome to join us each Monday at 11am in Parish Centre, Portlaoise for learning and practising of all your favourite dances in preparation for a Céili Mór on Monday 10th for Seachtain na Gaeilge. A truly enjoyable celebration of our culture is promised. Come alone or bring a partner. Event concluding on Monday March 10th. For further details contact Catriona at Laois Sports Partnership or Maureen at 087-6482038

Portlaoise Active Retirement Wednesdays: Meetings at Parish Centre, friendship & activities.

Monday 17th: Bowls, St. Mary's Sports Hall (2-4 PM). Tuition available.

Wednesday 19th: Sing-along with Caroline.

Thursday 20th: Cards & chat, Sue Ryder Centre, Kilminchy (3 PM). Tuition available. New

members

welcome! For more info, contact Sheila: 087 620 4617.

Chime – Free Hearing Loss Support Clinic in Portlaoise: Chime – National Charity for Deaf and Hearing Loss in Ireland - Laois Outreach Clinic held in Portlaoise Parish Centre, Wednesday 26th February (10.00am – 12.30 pm). Our free and confidential clinic provide one to one support, information and advice about deaf and hearing loss. For more information contact Chime 057-9351606 / text (086-1436476)

<u>Portlaoise Tidy Towns</u> AGM will take place in the Parish Centre on Wednesday, 26th February 2025. All are welcome to attend. We are always looking for new volunteers.

Results of Whist Drive - Parish Centre, Tuesday, 11th February

Top Score: Theresa Mulhare

Ladies: 1st Paric Dowling, 2nd Margaret Flanagan

Gents: 1st Ann O'Dowd, 2nd (tie) Mary Dunne & Tom Gowing

Halves: 1st Frank Keenan, 2nd Ann Marie Farrell

Raffle Winners: 1st Mary J. Dunne, 2nd Mary Killeen, 3rd Paula McEvoy, 4th Frank Keenan

Thanks for your support! Whist continues Tuesdays at 7:30 PM in the Parish Centre.

New players welcome.

# RELIGIOUS NOTES

Divine Mercy Chaplet 3pm every Sunday in the Parish Church.

Rosary in the Church of the Assumption, the Heath; Daily 2pm (Monday to Saturday). Sunday 3pm (Adoration).

Rosary will be recited in Sts. Peter and Paul's Parish Church every evening at 7pm.

<u>Vocations Society of St. Joseph</u>; Holy Hour, Adoration, Prayer for vocations, 3pm Friday in the Parish Church.

**Divine Mercy Conference:** RDS Dublin, Day return bus (from Jn17 plaza Portlaoise) **Saturday 22**<sup>nd</sup> **February.** Fantastic speakers including His Excellency Archbishop Farrell, Fr. Pat Collins, Fr. Jim Blount and many more, great day of spiritual inspiration and refreshment. €70 for bus and entry ticket. Contact via WhatsApp/text please: Karen 087-4160385 or Séamus 087-2752578 for enquiries and bookings. €40 deposit via Revolut, PayPal or Post secures bus seat.

Spioraid Naoimh Praying Community - Growth in the Holy Spirit Monthly Retreat; Sts. Peter and Paul's Parish Church Portlaoise, Saturday 22<sup>nd</sup> February 2025, 10am to 1.30pm. Holy Mass at 10am, Confessions available. Retreat continues in the Parish Centre (Ratheniska Room) @10.45am. (Exposition, Rosary, Holy Spirit Novena, Praise & Worship, Teaching, Prayer Ministry). Spiritual Director Fr. Ruairi O'Domhnaill P.P. All are welcome. Contact Michael Nerney 086-8157305.

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# The Heaths St Patrick's Day Parade:

- We are reaching out to all musicians, bands, businesses, organisations and community groups to participate in The Heaths St Patrick's Day Parade.
- To participate, you will need to create and design your own banners, floats and signs and to really stand out, maybe add costumes and props to enhance the overall parade experience.
- · Taking place on Monday 17th of March.
- The parade will commence at The Heath GAA Community Hall and proceed to The Heath church for 9:30am mass.
- · For any information please contact Samantha 086 366 7583.



# Cystic Fibrosis Ireland - Volunteer Appeal





Chime

Cystic Fibrosis Ireland are looking for volunteers to help them with their collections in Dunnes Stores, Green Road and at the Kyle Centre on Friday, 11<sup>th</sup> April 2025. If you or a member of the community are available from 10am to 2pm or 2pm to 7pm on this date and would like to help with our collections by sitting at table with another volunteer. Linkto: https://65roses.je/email 65roses@clireland.ie or call 01 4962433 and as we

email 65roses active land, ie or call 01 4962433 and as we would love to hear from you. Thank you so much, CFI Fundraising Team For more details, email

65roses@cfireland.ie or call 01 4962433. Thank you for your support! CFI Fundraising Team.



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LAOIS ALZHEIMER Family Support Group Meeting



**Dunamaise Arts Centre, Portlaoise** Wednesday February 19th June, 6.30pm-8.30pm

This meeting is a support for carers and families who

For further information contact Grainne Roche Duff 087-6075037 | grainne.rocheduff@alzheimer.ie

# LAOIS ALZHEIMER





**Dunamaise Arts Centre, Portlaoise** Thursday 27th February 11am-1pm.

The Laois Alzheimer Café will provide a warm, welcoming space for people with dementia, their family and friends, social and health care professionals, to meet, exchange ideas and learnings. All are welcome.

> For further information please contact Grainne Roche Duff 087-6075037 grainne.rocheduff@alzheimer.ie





# Happiness is.....

Have you ever heard of a man named Charles M. Schultz? He wrote a comic books called Peanuts which has been out since 1950. Wow! That is before any of you were even born! The main characters in the comic are Charlie Brown, Lucy, Linus, Schroeder and a dog named Snoopy.



Charles Schultz has also written a lot of books. One of my favourite books by Schultz

is "Happiness Is A Warm Blanket." The book is mostly about a little boy named Linus who carries his cuddly blue blanket with him wherever he goes. Linus carries that blanket to make him feel secure. According to Schultz, "Everyone has things that make them feel secure." You know what? When we feel secure, we are also happy!



Jesus had something to say about being happy. In the Gospel today is one of those times. Jesus is surrounded by a huge crowd of people. Have you ever

noticed that wherever Jesus went, he drew large crowds of people? Why do you suppose that was? Maybe it was because many of them were sick, crippled, or injured and wanted Jesus to heal them. Perhaps some of them had a troubled mind and they had heard that Jesus was able to cast out demons and evil spirits just by just speaking a word. In other words, many people came to Jesus because they had heard what he could do for them, and that is exactly what



happens in today's Gospel. The Bible says that people crowded around Jesus and tried to touch him because power was coming from him and healed them all. Do you think that made the people happy? It sure did! Jesus then turned to his disciples and said:

"God blesses you who are poor, for the Kingdom of God is yours.
God blesses you who are hungry now, for you will be satisfied.
God blesses you who weep now, for in due time you will laugh.
Blessed are you when people hate you, when they exclude you and insult you and reject your name as evil,

because of the Son of Man.
When that happens, be happy! Yes, leap for joy!

For a great reward awaits you in heaven.

And remember, their ancestors treated the ancient prophets that same way."

Notice that Jesus didn't say, "Happy are they who have a lot of money" or "Happy are they who have plenty to eat and dine in fancy restaurants." He didn't even say, "Happiness is a warm blanket." What he did say was, "When you follow me, happiness will come. Leap for joy! A great reward awaits you in heaven."



# **Our Prayer**

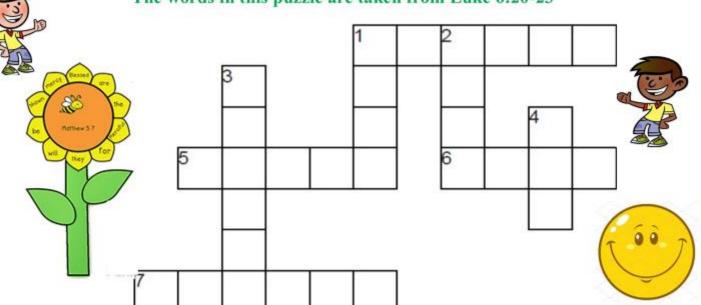
Dear Father, help us to remember that we can never find happiness by seeking the things this world has to offer.

True happiness can only be ours by following Jesus. Amen.

# Happiness is....

"Blessed are you who are poor, for yours is the kingdom of God".

The words in this puzzle are taken from Luke 6:20-23



#### HORIZONTAL

- Something given or received in return for good behaviour.
- The sound which expresses happiness or delight

YOL

- Having very little money or few Possessions
- To have a desire or need for food

#### VERTICAL

HEAVEN

- Having a great amount of money
- To shed tears happiness or delight
- The home of God, the angels, and those who have been saved
- 4. A feeling of great happiness

HUNGRY POOR REWARD

Confirmation Dates

PORTLAOISE
Friday 28th February & Saturday 1st March

BALLINAKILL AND KNOCK
Wednesday 26th March

RICH



LAUGH

WEEP

# CONGRATULATIONS

Congratulations!

Congratulations to the boys and girls from Ballyroan and Abbeyleix who received their Confirmation this week.



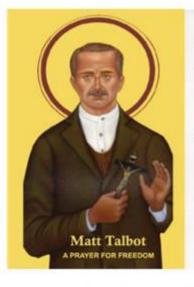
# Time to Think! Matt Talbot: A Powerful Recovery

Addiction is a reality for many, but the life of Matt Talbot, an Irish man who overcame alcoholism, serves as an inspiring example of recovery. Born in May 1856 in Dublin, Matt was one of twelve children. His father was an alcoholic, and the family lived in poverty. At just twelve, Matt entered the workforce, working at a beer bottling company, and soon started drinking by taking leftover beer from returned bottles. By sixteen, he was regularly coming home drunk.

In his twenties, Matt's life revolved around alcohol, and he spent all his wages at O'Meara's Pub. His life became a cycle of borrowing money, pawning his belongings, and even stealing to fund his addiction. By twenty-eight, Matt was heading toward self-destruction. One Saturday in 1884, after being ignored by his friends outside the pub, Matt had a moment of clarity. He realized he was enslaved by alcohol. He went home, told his mother he was going to take the pledge, and sought a local priest's help to take the vow to abstain from alcohol.

The withdrawal symptoms were intense, but Matt's iron will kept him going. He spent the next three months struggling through the physical and mental effects of withdrawal. During this time, he found strength through prayer, began attending Mass every morning, and made visits to a church to pray for the strength to resist alcohol. After completing the initial three months, Matt extended his commitment, eventually pledging to remain sober for life.

Matt's commitment to sobriety led him to an ascetic lifestyle. He woke early for Mass, worked long hours at a lumberyard, and spent his evenings attending religious meetings. Though his lifestyle was austere, Matt's generosity was well-known. He was



### Blessed Matt Talbot Prayer for the Addicted

God of mercy, give Your strength to (name), who is bound by the chains of addiction. Enfold him in Your love and restore him to sobriety. Lord, look with compassion on all those who have lost their health and freedom to alcohol and drugs. Restore to them the assurance of Your unfailing mercy, and strengthen them in the work of recovery. To those who care for them, grant patient understanding and a love that perseveres.

Amen.

respected for his hard work and kind-hearted nature. He would lend money to his coworkers, helping them with clothes, rent, or other needs. His personal devotion to God was deep, and his routine was dedicated to prayer and penance.

Matt Talbot passed away suddenly in 1925 from a heart attack while on his way to Mass. His burial was humble, and he was laid to rest in Glasnevin Cemetery. After his death, it was discovered that he had worn three chains around his body, signifying his deep devotion to the Virgin Mary and his spiritual commitment.

In 1975, the Vatican recognized Matt Talbot's life of holiness by declaring him "Venerable," a step toward possible canonization. His story continues to inspire those struggling with addiction and those seeking strength through faith and self-discipline. As the Serenity Prayer states: "God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

Matt Talbot's example of recovery, faith, and resilience remains an enduring source of hope for many.

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# **OUR PRAYERS ARE ASKED FOR** THOSE WHO DIED RECENTLY;



Margaret O'Brien (née Slattery) The Hermitage & Clarecastle The Curragh



John Hearns Hillview Portlaosie

Even though I walk through the darkest valley, I fear no evil; for you are with me; Your rod and your staff - they comfort me.

# MAY THEY REST IN PEACE Our sympathy to their families.

A message of sympathy may be left for the family by logging on to the death notice at https://www.portlaoiseparish.ie/death-notices/







We Remember with love Our Mother



St Martins, Ridge Road, Portlaoise.



On her 1st Anniversary "You gave us years of happiness, then sorrow came with tears, You left us lovely memories We will treasure through the years' Loved and remembered always by her loving family.

Also remembering at this time Our father, John Byrne.

May they both Rest in Reace



# BIRTHDAY REMEMBRANCE In Loving Memory of a Dear Sister *BERNIE COYNE*

Boughlone, Portlaoise, Co. Laois. Birthday occurred on 11th February 2025



Think of her as living in the hearts of those she touched For nothing loved is ever lost And she was loved so much.

Sadly missed and always remembered by your sister Kitty, brother-in-law Donie and family, your sisters Mary, Peggy and Trish and brothers-in-law.

Rest in Reace Bernie



# In Loving Memory of BILL (William) WHELAN And his Wife

MARGARET (Rita) WHELAN

Corrigeen, Stradbally



Bill's 10<sup>th</sup> Anniversary occurred on 15th February 2025



Anniversary Mass will be celebrated at The Church of the Assumption, The Heath, on Sunday, 23rd February 2025, at 9:30 AM.

When we look upon your picture, sweet memories we recall, Of faces that are so full of sunshine, And a smile it brings for one and all.

Sadly missed by your daughter Anne, sons Seamus and Ray, in-laws, grandchildren, great-grandchildren, relatives and friends.

> You will both always be in our thoughts and forever in our hearts.

May Bill and Rita Rest in Reace











# In Loving Memory of WILLIAM (Mick) FENNELLY

Late of 30 St. Brigid's Place, Portlaoise. 48th Anniversary occurs 20th February 2025.



Memory drifts to scenes long past, Time rolls on, but memories last, Sunshine passes, shadows fall, Love's remembrance outlasts all.

Loved and remembered always by Mary, Eugene, Sean and Ronan.

Rest in Reace William



# In Loving Memory of SEÁN CLEAR

Farren Cross, Ballacolla, Co. Laois



Remembering Seán on his 2nd anniversary on the 17th and 27th birthday on 20th February 2025.

Seán 's 2nd Anniversary Mass will be celebrated in The Immaculate Conception Church, Ballacolla, on Saturday, 15th February, at 7:00 PM.

Dearly missed and never forgotten by Dad Tom, Mum Julie, sister Ella, Granddad Gerry, Grandmother Mary, Aunties, Uncles, and cousins.

Rest in Reace Obeán



Beladd, Portlaoise. 13th Anniversary occurs 15th February 2025.



May the God of love and mercy, Care for our loved one that is gone, And bless with consolation, Those left to carry on.

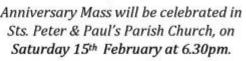
> Always remembered by your loving family.

Rest in Reace Com



(née Dunne) Ballyfin Road, Portlaoise.

11th Anniversary occurs at this time.



Will those who think of Kathleen today, A little prayer to Jesus say.

Loved always by Frances and family. May Kathleen Rest in Reace

### In Loving Memory of SHEILA HARNAN WHELAN

Doirefea, Ballydavis, Portlaoise. 4th Anniversary occurs 18th February 2025



4th Anniversary Mass will be celebrated in the Church of the Assumption, the Heath, on Sunday 23rd February at 9.30am.

Sheila, you are forever in our thoughts and prayers.

Sadly missed by her loving family, John, Sharon, Seamus, Nicoli, Siobhan, Fr. Nick, Fr. Jim, grandchildren, relatives and friends.

Rest in Reace Sheila

# Loving Memory of



# Mary Kate (Kitty) McCormack

Late of Ballyfin Road, Portlaoise Who died 20th February, 1984 RIP. 41st anniversary.

Whose anniversary occurs at this time

Time may pass and fade away, But silent thoughts and memories stay.

Loved and always remembered by all your family

# In Loving Memory of CATHERINE DOWLING

7 Borris Road, Portlaoise. Anniversary occurs 19th February 2025



Will those who think of Catherine today, A little prayer to Jesus say.

Always remembered by all her loving family.

Rest in Reace Oatherine

# In Loving Memory of MICHAEL RIGNEY

St. Brigid's Place 9th Anniversary occurs 18th February 2025.



No words can tell, no tears express, The love, the loss, the emptiness. You are not just a memory or part of the past, you are ours to remember, as long as life lasts.

Sadly missed and always remembered by your loving wife Kathleen, family & friends.

May Mick Rest in Reace





Acknowledgement First Anniversary BRIGID CONNELL (née Quigley) Tonduff, Abbeyleix



Brigid's Anniversary Mass will be celebrated at 5:00 pm on Saturday, 22nd February, in the Church of the Most Holy Rosary, Abbeyleix.

The family of the late Brigid Connell wish to express our sincere gratitude for the sympathy and kindness shown to us over the past year. We are deeply grateful to our relatives, neighbours, work colleagues, and friends for your presence and support, which brought immense comfort to us during this time of great grief.

We sincerely thank those who visited our home, brought food, helped with catering and cleaning, looked after traffic, and provided lighting. A special thanks to the entire **Cole family**, Tonduff, for your unwavering support and all you have done for Brigid over the years.

We would also like to thank everyone who attended Brigid's wake and funeral service. We deeply appreciate the efforts made by so many who came to say goodbye to her. To those who sent Mass cards, made phone calls, and posted messages of condolence online—thank you.

The heartfelt celebration of Brigid's funeral Mass, led by
Fr. Paddy Byrne, Fr. Ger Ahearne, and Fr. Sean Conlon, along
with the wonderful singing of the Abbeyleix Parish Choir,
brought us great comfort. We also sincerely appreciate the
efforts of everyone who participated in the planning and
offering of her funeral Mass.

We extend our gratitude to Dr. Peter Kemple, the staff at Abbeyleix Health Centre, and O'Donnell's Pharmacy for their exceptional care of Brigid over the years. Our thanks also go to the staff at Midlands Regional Hospital Portlaoise and St. James's Hospital Dublin for their care during her illness.

A sincere thank you to Eamon Kelly and the staff of Kelly Funeral Directors for their kindness, professionalism, and care during this difficult time, as well as to those who prepared Brigid's final resting place.

Faith was at the heart of Brigid's life, and as a family, we wish to thank **Fr. Ger Ahearne**, **Fr. Paddy Byrne**, and **Fr. Petru Medves** for their continued kindness and support.

As it would be impossible to thank everyone individually, please know that your expressions of care and compassion have helped make our loss more bearable. Kindly accept this acknowledgment as a token of our heartfelt gratitude.

The Holy Sacrifice of the Mass has been offered for your intentions.

May Brigid Rest in Reace



# In Loving Memory of

Our Mother

### ANN DELANEY

Cappagh North, Portlaoise. 8<sup>th</sup> Anniversary occurs 23<sup>rd</sup> February 2025. And Our Father

### **IAMES DELANEY**

9th Anniversary occurred 17th January 2025.





Treasured thoughts of ones so dear,
Often bring a silent tear,
Thoughts of scenes long past,
Years roll on but memories last.

Sadly missed by your loving daughter Ruth, son Mark and grandchildren Alannah, Elisha and Kody.

May They Rest in Reace



BIRTHDAY REMEMBRANCE In Loving Memory of our Wonderful Mother BERNADETTE COYNE

Boughlone, Portlaoise, Co. Laois. Birthday occurred on 11th February 2025



In heavens land our Mother is
On this her special day
Lord send her flowers full of blooms
And hold her close we pray
Tell her how much we miss her
And always feel her near
Keep her safe beside you lord
Because to us she is so dear

Happy birthday to our beautiful Mother from all her loving family Map Bernie's gentle soul Rest in Reace

Unless a wheat grain dies, it remains only a single grain

Jn 12:24





Contact Matthew 087-2549195

David 087-2369887

# HENRY RANKIN

FUNERAL DIRECTORS Abbeyleix Road, Portlaoise

087-2562137



### Five Generations in Stone Cutting

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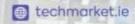


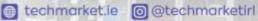




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www.jllandscapingandtreecare.ie Call or text John 089 4115912





Retirement is something many of us look forward to, but it can also be challenging. Issues like loss of identity, self-esteem, missing the buzz of work, isolation, and fear are common. Lack of purpose and strained relationships can also arise.

> If you'd like support in navigating this next chapter of your life, text or WhatsApp 087 6100908 for a free consultation.





# FIFTYSEVEN

Boutique & Gift Emporium

Athy & Durrow

# BLOW OUT BLITZ

**UP TO 70% OFF .AST WEEK OF** €20 & €30

Open Monday- Saturday 10am- 5:30pm

\*\* All Stores open Sunday 23rd Feburary 12-5pm

### Portlaoise Parish

### Results for

# 13th February 2025









### Two jackpot winners shared €19,000 Jackpot receiving €9,500 each. Congratulations to

Sean Heavin: Promoter: Sean Heavin Conor & David Donohue Promoter: Betty Lynch

#### WINNERS

**Lorraine Ebbs** Alison & Jerry Lewis

Sarah Dunne

Marie O'Brien Eimear & Wayne Campbell

Liam Dollard Paddy Kelly

Conor McEvoy

Vivienne Alright Jayne Delaney

Jayne Delaney

Mary Walsh

Andrew O'Reilly

Mary O'Carroll Angela Galvin

PJ & Anne Tierney

Jenny Duggan

### MATCH 3s €1,000

17 Match Receive €59

each

Play PARISH (O)(T)(T)(O) ONLINE

www.portlaoiseparish.ie

PROMOTER John Hogan Richard Phelan Online Lotto Marie O'Brien Lotto Gift Carmel Whelan **Brigid Lalor** Anne Ging Rocky Kehoe Brown's Shop Brown's Shop **Betty Lynch** 

Liz Hilliard Jaz Reilly **Parish Centre** Anne Tierney Bernie Tynan



& Like Us () portlaoiseparishlaois

Next Week's Jackpot is €10,000



### **Sixth Sunday in Ordinary Time**

Jeremiah 17:5-8 Psalm 1:1-4, 6 1 Corinthians 15:12, 16-20 Luke 6:17, 20-26

# Support for the Parish

We have traditionally depended on the passing of the collection baskets at Sunday Masses for support, Thank you to the many who have found new ways of continuing to support the Parish during this time of Lockdown. The generosity of so many means we continue to be well supported and can pay our way at this time.

### Ways to contribute to our Parish

Envelope boxes available at Church porches and Parish Centre Direct payment by cheque or cash Cashless Point at the back of the Parish Church Donation facility on our website Standing Order forms available at the Parish Centre Or Transfer directly to our Account

Portlaoise Parish Account:

IBAN: IE53AIBK93327916658045

Portlaoise Parish Clergy Fund Account:

IBAN: IE12AIBK93327916658201

(The BIC for both accounts is AIBKIE2D) THANK YOU

# Clergy of the Parish



Msgr. John Byrne P.P.V.G. Tel: 057 8621142



Fr. Ciprian Matei C.C. Tel: 057 8600122



Fr. Simon Jin Tel: 057 8661605



Fr. Adriano de Oliveira Tel: 057 8600121



Fr. Erick Ebot SVD



Deacon Eugene Keves Tel: 057 8621142

To contact the Priest on Duty: Parish Centre during office hours 9am - 5pm Tel: 057 8621142 Outside office hours in emergency only Tel: 0852134285

### Safeguarding

All safeguarding statements and policies can viewed on our website and our Church Porches. **Diocesan Designated Liaison Person** Ailish Higgins safeguarding@kandle.ie



Office Hours Monday to Friday 9am-5pm Phone: 057-8621142 / 057-8660722 E-mail: info@portlaoiseparish.ie Twitter: @portlaoiseparis

MANAGER Declan Kelly Parish Secretary Michelle Bartley Accounts Michelle Conroy Sacristans Parish Church Sr. Sybil and Sr. Julie

(Sacristy phone attended prior to Mass times 057 8600119) All Masses and services from the Parish Church and the Heath Church are live streamed on our website



LINK UP Monday to Friday 9am to 5pm 057-8692154

Advertising deadline: Tuesday 5pm or 12 noon Wednesday (Subject to availability of space) Subject to availability of space E-mail: linkup@portlaoiseparish.ie

> **PARISH SHOP** 057 8621142 - Claire Scully



CUISLE CENTRE

cancer support group

Block Road, Portlaoise, Co. Laois.



**⊠**info@cuislecancersupport.com

**C**0578681492



### MONDAY

MINDFULNESS PROGRAMME

10:30AM - 11:30AM (BOOKING ESSENTIAL)

REFLEXOLOGY/
REIKI
(BY APPOINTMENT
ONLY)

COUNSELLING BY APPOINTMENT ONLY.





# AQUA AEROBICS

PLEASE GIVE THE CENTRE A CALL IF YOU WOULD LIKE TO ATTEND THIS CLASS.

### TUESDAY

# THRIVE & SURVIVE PROGRAMME

THIS IS A SELFMANAGEMENT
PROGRAMME FOR
CANCER SURVIVORS
WITH THE AIM OF
IMPROVING THEIR
QUALITY OF LIFE TO
BETTER MANAGE DAILY
HEALTH.

(DEVELOPED BY STANFORD UNIVERSITY)

NEXT PROGRAMME STARTING APRIL 2025

# MINDFULNESS FOR MEN

2:30PM - 4:00PM STARTING 11TH FEBRUARY



# CITIZENS INFORMATION ADVISER

WILL GIVE YOU ADVICE ABOUT THE FINANCIAL ENTITLEMENTS YOU MAY RECEIVE AND HELP YOU WITH THE PROCESS. E.G., MEDICAL CARD APPLICATION ETC.

# WEDNESDAY



CHAIR YOGA

10:00AM - 11:00AM BOOKING ESSENTIAL STARTING 5TH FEBRUARY

'LOOK GOOD, FEEL BETTER'

11:30AM - 1:00PM PLACES LIMITED (STARTING APRIL 2025)

BEREAVEMENT COUNSELLING (BY APPOINTMENT

ONLY)
FUNDED BY LAGIS HOSPICE

# MANUAL LYMPHATIC DRAINAGE

A SPECIALISED GENTLE
MASSAGE FOR PATIENTS
WITH LYMPHOEDEMA,
WHICH MAY RESULT
FROM SURGERY OR
RADIOTHERAPY.

(BY APPOINTMENT

ONLY)
PART FUNDED BY LAOIS HOSPICE

ART

2:00PM - 4:00PM STARTING 12TH FEBRUARY

### THURSDAY

CREATIVE ARTS 10:00AM - 12:00PM (DATE TBC)



### PLAY THERAPIST

AVAILABLE FOR CHILDREN FROM 3 YEARS UPWARDS WHO HAVE BEEN IMPACTED BY A CANCER DIAGNOSIS IN THE FAMILY



# CHAIR YOGA

10:30AM - 11:30AM (CLOSED GROUP)

## PROSTHESIS & BRA FITTING DAY.

STARTING 20TH FEBRUARY SPACES AVAILABLE (BOOKING ESSENTIAL)

### GARMENT FITTING

SERRA NOVA
SLEEVE/LEG GARMENTS
FOR LYMPHOEDEMA.
BOOKING ESSENTIAL
STARTS 6TH MARCH

### CLIMB

#### PROGRAMME

HELPING CHILDREN UNDERSTAND CANCER.

THIS PROGRAMME IS FUN AND CREATIVE, USING DRAMA, ARTS AND PLAY AND AIMS TO HELP CHILDREN COPE WITH A CANCER DIAGNOSIS IN THE FAMILY.

(STARTING APRIL 2025)

The Cuisle Cancer Support Centre is a charity, and all our services are provided free of charge.